

CLINICAL CASE

TRANSNASAL ENDOSCOPIC APPROACH ON A RARE CASE OF
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Abstract

Juvenile fibromatosis is very uncommon and determines locally aggressive fibroblastic proliferation. The location in the paranasal sinus is even more uncommon and only 6 more cases have been reported in the world until now, this being the first one in our country. The election treatment for this pathology is surgery with large resection margins, radio and chemotherapy being used only for unresectable tumours or aggressive recurrences. Our aim is to present an exceptionally rare case of intracranial juvenile fibromatosis on a 2 year old patient treated surgically in a transnasal endoscopic manner using high precision equipment.

Keywords: juvenile, fibromatosis, intracranial

Introduction

Infantile fibromatosis represents a benign pathology of the fibrous tissue, characterized by local infiltration and proliferation of mature fibroblasts and collagen. However, there is no cellular anaplasia present [1]. A specific attribute of this condition would be its capacity to invade surrounding structures, but without creating distant metastasis [2]. The cause of infantile fibromatosis is yet to be discovered, but numerous factors such as genetic, viral agents, estrogen, trauma or irradiation are thought to be related [3].

On macroscopic examination, infantile fibromatosis appears as a white mass with poor margins which is very invasive into surrounding tissues. Microscopically, its structure is formed of fibroblasts and fibrocytes along with myofibroblasts situated in a collagenous to myxoid stroma [4]. In order to establish the exact size of the tumour for further surgical

approach and the follow-up treatment, radiological evaluation is performed [5]. The treatment consists mainly of surgery and radiotherapy [6]. Gold standard surgical approach is en-bloc resection, only if the tumour is located in the head and neck and its size does not increase the chance of morbidity after excising it [7].

Case presentation

We present the case of a 2 year old female child who was known with right nasal cavity tumour with extension to the right orbit, when she presented to our clinic. She was diagnosed in another clinic with juvenile hyaline fibromatosis based on histopathology and immunohistochemistry tests. The patient first experienced obstruction of the right nasal cavity followed by swelling of the internal angle of the

right eye. The evolution of this pathology led to right eye proptosis (Figure 1).



Figure 1 - Preoperative aspect of the patient

Further investigations revealed that the tumour had protuded significantly in the right orbit and had also extended to the ethmoid, sphenoid sinus and maxillary sinus (Figures. 2, 3, 4). Bearing in mind the proximity of the tumour towards the optic nerve and the ethmoid, immediate surgical approach was considered.

Transnasal macroscopic ablation of the tumour was performed, under general anaesthesia, using a neuronavigation system with a 0,3 mm error. The procedure was started by placing the patient in supine position with orotracheal intubation and antibiotic treatment.



Figure 2 - Comparative sagittal CT preoperative (left) and postoperative (right)

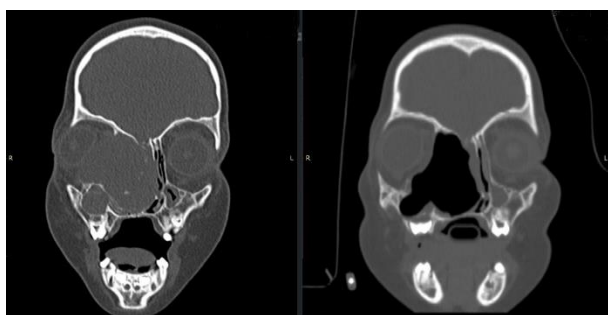


Figure 3 - Comparative coronar CT preoperative (left) and postoperative (right)

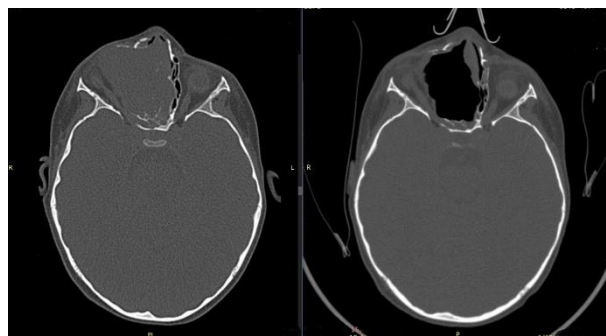


Figure 4 - Comparative axial CT, preoperative (left) and postoperative (right)

On endoscopic inspection of the nasal cavity a large erythematous tumour with firm capsulae and friable, hemorrhaging content. Moreover, we noticed that the tumour was comprising the the right inferior nasal turbinate, while also producing the laterodeviation of the nasal septum to the left, blocking almost completely the access to the left nostril. In addition to this, the right eye was pushed laterally. The tumour extended up to the ethmoid bone, occupied the right maxillary sinus entirely and the right sphenoidal recess. We also noticed that the tumoral capsulae had infiltrated in the right lamina papyracea and partially in the orbital periosteum.

In order to perform the ablation of the tumour we used the „peace-meal” technique. There was an abundant bleeding at the site of the maxillary artery which was overcome with bipolar hemostasis (30W), one unit of blood and one unit of plasma were transfused. At the site of tumoral resection hemostasis was performed using monopolar cauterisation (14W) was applied, followed by HHC cream, lidocaine, tetracyclin and rifampicin. Consequently, nasal lavage with Axentine and Cathejell is applied.

During the procedure were performed two biopsies, one from the capsulae and one from the content of the tumour, which were sent to histopathology and immunohistochemistry for further evaluation. The hemostasis was efficient, with no need for nasal packing.

Postoperatively, while the patient was still under general anaesthesia a contrast CT of the paranasal sinuses was performed revealing entire tumour resection with clear margins (Figures. 2, 3, 4). In this way, we managed to preserve nerves and blood vessels using a minimally

invasive approach. In the postoperative picture the complete absence of swelling at the inner corner of the right eye can be noticed (Figure 5).



Figure 5. Postoperative aspect of the patient

The postoperative evolution was favourable, and the patient was discharged 3 days after the intervention.



Figure 6. Aspect of the patient 6 months after the surgery

The final histological report confirmed the presence of hyaline juvenile fibromatosis. Microscopically, the tisular fragments which were biopsied consisted of proliferated fusiform cells with no abnormal nuclei, placed in short bundles or isolated in hyaline mass. The

fragments contained also respiratory mucosa with oedema and inflammatory infiltrate. Bony trabecular patterns were also found in the proximity of the tisular fragments.

Immunohistochemistry tests were positive for antibodies such as: Ki67, Vimentin (found in fusiform cells), SMA, CD34 (found in vascular structures) and S100 (in rare cells).

The patient was discharged with antibiotic, antiinflammatory treatment, as well as local treatment for the regeneration of the nasal cavity mucosa. On her 6 months follow-up we noticed that the patient was healing nicely with no complications (Figure 6).

Discussions

The group of fibromatoses has been defined as consisting of non-metastasising fibrous tumours that invade locally and recur after surgical excision [8,9]. On occasion, they may regress spontaneously [10-14].

Juvenile hyaline fibromatosis is a disorder with autosomal-recessive transmission. Its etiology has not yet been established, but it is known that a gene located on 4q21 is responsible [15]. Research has shown that JHF is a pathology that affects the connective tissue in which fibroblasts produce aberrant quantities of glycosaminoglycans [16]. The tumour consists mostly of dermatan sulfate, but also of chondroitin sulfate and hyaluronan, whereas normal skin is defined by high quantities of hyaluronan [17]. Normally it affects one or more siblings, more frequently in children aged 2 to 5 [15].

Literature shows that common locations of this tumour are the abdominal wall, the shoulders and upper arms, where the connective tissue that overlies the fascia or aponeurosis starts to proliferate. The location of IF in the head and neck has not been reported very often [4]. In this case, the patient was at a higher risk due to the possibility of permanent vision loss associated with neurological complications arising from the proximity of the tumour to the ethmoid. This potential unfortunate complication of the pathology is of greater importance considering the age of the patient and the long-term physical challenges she

would have need to overcome, had the optic nerve been damaged.

Conclusions

To conclude, the most important aspect of solitary fibromatosis is the recurrence. This is why, resection with clear margins must always be attempted, as well as thorough follow-up examination and CT investigation. Other important features of this pathology are its capacity to invade into surrounding structures as well as its inability to metastasise. The goldstandard treatment for this type of tumour is surgical excision with clear margins, particularly challenging in head locations due to the limited space allowed for surgical instruments.

Complications of Juvenile hyaline fibromatosis can be successfully overcome with extensive clinical and imaging examination, accurate microsurgery neuronavigation systems that allow adequate margins and thorough follow-up examinations that prevent potential aggravating recurrences.

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